

1-22-15 Follow up: Taking Time To Teach

What was the homework?

Class member: Watch yourself and see if you coach or referee. I did better than I thought.

Class member: Reading the meanest Mom in the world.

Are you the meanest Mom?

Class member: Yes!

Class member: I actually made my husband read that. He sat in the corner and laughed. He said that he would remind me of that when the kids didn't like me.

Read Raising Resilient Children. What did you learn?

Class member: He said to encourage instead of praise children. We need to look at effort not product.

You can say the same thing if you walk into the clean room.

Class member: My favorite was when he said helping them be resilient helps them focus on what they can do and not what's out of their control. I like to have everything in control.

Who can define resilient?

Class member: They can come back from situations with pressure.

Class member: He talked about viewing mistakes as an opportunity to learn and grow.

Class member: Toward the end it gave a list of how do we do it. This is what Heavenly Father did for us. Heavenly Father allows us to make choices and honors our choices. I don't need to make them feel bad.

Class member: I like the part that says giving them a sense of purpose will help them not give up.

At the end there is a chart, it says...instead of doing this...do this... and it will give you the results if you do it right. It's a great self evaluation chart. President Benson's talk on pride and Raising Resilient children should both be in your scriptures for parenting commandments. This is how you need to parent now.

One of the #1 problems we have in the MTC is that they aren't resilient. They are good kids, but they aren't resilient. The MTC is now learning how to listen to people. Cell phones are important. They are starting to use cell phones, Gospel link, ipads...all

starting to be used on missions. Our children have to be able to think for themselves. They need to think about how to do it differently or what they learned from it. Our kids become good little robots. They are doing those things because that is what you are telling them to do instead of thinking for themselves. They need to be self-acting. How do we parent to teach them so they understand the principle and the testimony and principle will guide them. This article speaks to that.

We want to have the list. We are teaching our kids to be dependent on the list. They need to think and act for themselves. That's what "Come Follow Me—the Youth curriculum" is for.

Class member: My favorite part was helping children develop resilience. In the scripture he outlined what he does for us. I like the list. I went through the scriptures. Then my husband was working. I called him and told him he needs to read them. I think I've always known it, but finally saw it.

I think a lot of us (including me) try to categorize. We learn about agency and consequences and we believe that as a doctrine of the gospel. But then to take that principle and translate it into our parenting. If we were parented that way then that is how we parent. It's hard for us to take the spiritual principle we have learned and translate it over to see what it was like.

Class member: I have had a hard time with my oldest. She is 6yrs. I was really thinking about my list of classes that you taught. She doesn't like to do hard things. I thought about the "work" lesson. The transformation was like night and day. She is feeling pride in what she is doing. I feel like it is because you have given us so many tools. We can start to really implement that into our parenting.

The Spirit will also guide you and help you figure out what to use.

How many of you read the article? Parents are the Prime Teachers of their Children. Make a list of parenting tools. What did you find?

Class member: The biggest thing is that Parenting is important to the Lord. The Holy Ghost will be our guide if we allow it.

Class member: At the beginning of the Ensign article it talks about the story of Ben Carson. I had never heard of him, but recognized the story from Conference. This is the best parenting book for you to read. There is a juvenile edition for kids. "Gifted Hands".

You have to read it for enlightenment, not entertainment. You read them differently. It is profound if you read it for enlightenment.

Class member: For those with teenagers, (my son is struggling with being resilient) sometimes the movie is better.

Read it together and talk about it. He is real. He almost killed a person when he was younger. In the 4<sup>th</sup> grade he was the worst student there was. He developed the surgery to separate Siamese twins.

“Think Big” Ben Carson...another book.

Class member: I read these to my husband. We realized that particularly our teenagers weren't saying their morning prayers. We have started leaving our bedroom door open in the morning and we hear them scurrying through the hall to remember to say their prayers. One of my teenage girls came home and said “I think I'm doing better on my finals because I've been saying my morning prayers.”

Class member: I like how it talks about teaching our children the power of prayer. It's the “why”.

The “Why” is what empowers them and you.

Class member: I like how he makes the comparison of armor and Satan and why you would send your kids out the door without protection. We had the missionaries come over. My in-laws were talking about the 4<sup>th</sup> Article of Faith. It was emotional to hear my kids saying it. My kids were saying that with testimonies. Our goal was prayer this week. I made an effort to make sure that I gave them that protection and pray for them each individually. That it is because this is a hard world. I pray that he will listen to the Spirit. Since we have been doing this, this week my 7 year old's prayers are more in tune. He prays to have faith. I get so excited because he is only 7 and he still has so much conviction that it is true.