

## 2-5-15 Follow up-Color Code

Let's share about the color code....

Class member: I thought my almost 16 yo is almost yellow. She has no hot buttons. That is not really yellow. She is not motivated and I can't find anything to motivate her. She must be white & yellow.

White's are hard to get going.

Class member: I loved the class. I'm a blue and I have a red oldest son who is 6. It was interesting to combine red & blue were strong personalities. In my home I am strong. I push too hard. I am too strict. The last couple of months I have been taking all control from my 6 year old red son. Then you confirmed all I had been thinking and feeling. It felt good to see it confirmed.

The thing about a blue mother, you are nasty. I am a strong blue. We want to put our children in a corner. We want to go back to Satan's plan. You will do what I want you to do. You will do it my way because it is the right way. I'm afraid of the drugs, pornography, etc that is out there. We come across very, very strong. We are fabulous lecturers because we want them to understand what is wrong. They tune out long before we run out of something to say. We are good at that. That seems like a red personality to a lot of people. Blue mothers are too strong.

Class member: I have a question? Do you answer the questions as a child?

There are situational places to do that. The one word questions are 'you now'. You need to take it thinking about your role at home. Most of us become very sweet when we are at church. We are nice and accommodating. We don't lecture many in Relief Society. At home is where your core nature shows most. You are one way at work, different at home, different as a spouse. You are your true self at home parenting.

Class member: We did this in FHE this week. We had our 12 year old son we thought was red and he answered mostly yellow. The 14 year old is a modge podge of lots of colors.

I don't know anyone that has taken the test and said I'm only one color. Red's are generally not honest when they take the test because they don't like their flaws to be seen. They want to look right. The more honest you are the more true you are. When you get a teenager that is affected by peers, themselves, Mom & Dad, church,

everything it is difficult for them to be honest when taking the test. How many of you didn't like the answer you needed to mark? We want to be good. You have a hard time marking you are critical and judgmental because you don't want to be that way. With our youth if they tested out a strong color you might go with that. They are testing out how they really want to be. If you think they are red and they test out as yellow they are wanting home to be more 'fun'. Don't get too hung up on it. It's a tool. It's never going to come out absolute with your children and your spouse. If you want a scary experience have your spouse take it for you. We never see ourselves as others see us. We judge ourselves on our intentions. Others judge us on our behavior. You can't argue about what they say.

How useful was the handout on how to parent a child of one color? Was that an ah-ha?

Class member: This has been a work in progress for me. Last year my husband and I bought the book. "The Color Code". We retook the test in December. He gave me the test and then he wrote down what he thought my answers would be. As far as the kids go we haven't tested the younger ones. The oldest 2 took it. My oldest son is a red and so is my husband. They clash a little bit. It's been interesting to take the parenting side of things to talk to my husband. It's been helpful to just say, "Let's look at this and see what he needs." Now he will come in and he is accountable, but we aren't going to jump all over him about his grades. He is getting older he needs to be doing these things on his own.

All of those things are true. WE need to help them parent to be independent and let them go. Her red husband says, "You need to do this, this, and this he will be alright." In the old days they would beat them up. To have a wife that says, "Maybe we should listen." That is a new concept for reds. It's as hard for a red to listen as a blue doing relay worm races on the ground.

Class member: I have taken this class a few times. I am constantly re-evaluating what I think my kids are. I'm a 50/50 red yellow. (That is the perfect combination.) She is a white/yellow. When I'm red she says nothing. If I parent as a yellow which we have in common she does better. I have to parent differently to compliment their style.

You need to know your color, your strengths, your weaknesses. You also need to know how to approach them. A blue say, "Make it fun...you have to be kidding me. They are supposed to do it because that's the right thing to do. I shouldn't have to make it a game for you. Heavenly Father gave us commandments and never made a game out of paying tithing." Heavenly Father did send rainbows. We have to make it more fun.

I did notice on the blog many of you said I'm having trouble with my 6 year old. You have to remember little people are going through natural growing up. 3 year olds will be 3 year olds. It doesn't make them red. It makes them 3. There are 3 parts to their personality...gender, environment, color code. Remember that as they go into their teen years. Don't pigeon hole them. I want you to understand them and then as you read that part of the syllabus as to how to parent to those colors, then look to what you need to do to win their cooperation. I told you for one week you could pigeon hole them. That week is over. Now you need to understand you and your spouse and your children.

Class member: The joke this week has been "Be the rainbow". We took time to just get to understand us more. Whenever we realized we were being too harsh or needed to be a little gentler. One day I wanted my way one day. We have now decided that is going to be our motto...be the rainbow. That hit us that we take the positives from all the colors.

There was one other thing you needed to do in your homework. I asked you to take one day per child and pray about them and for them.

Class member: I was excited about this one. I was thinking about my 11 year old. She is the reason I started taking this class. We have butted heads a lot. Our relationship has gotten better. When we say our family prayers I try to bring out their positives in each of them and thank Heavenly Father for their strengths. I kept thinking how do I do this different? I had a pray in my heart all day. I am so thankful that she is modest and that she honors her baptismal covenants. I said the prayer that night. It kind of back fired on me. She came out in a tank top. She said, "But it's hot Mom." I am very grateful that I almost never have to ask her to be modest. She just does it.