## 9-25-14 Parenting Class

## Follow up—Parenting Differently:

Class member: The inspire vs. require. Get them to want to do something instead of make them do it.

Class member: He said that is harder (inspire vs. require)

Class member: We talk too much.

Pray with intensity to ask good questions. We need to invite them to come to the same conclusion we would have told them.

Class member: It gives me hope that when children don't come from a perfect home environment they can find it somewhere else.

Class member: Elder Scott's talk. He talks about loving. In some cases it might seem difficult to trust our kids but we must do so. My 13 yr old son has never given me a reason to not trust him.

What you have to trust is your parenting.

Class member: I have been in this class long enough to know when you give us homework I realize all the things I have done wrong rather than what I did right. "They simply loved me and loved Father in Heaven." I am blue and I guilt them.

If you never realize where you are you never realize you need to change. You just say, "Yes I need to improve in this area." This is not a class to make you going away to make you feel awful. I want you to go away with hope.

Class member: "Giving them confidence in your love can give them confidence in God's love."

That sentence is extremely powerful. When children feel like they can do wrong things and their parents still love them they feel like parental love is conditional. If you do things my way then I love you. We get angry and withdraw when they make mistakes. They feel like Heavenly Father won't love them until they are perfect. We don't go to the Celestial Kingdom because we figured it out here. We go because we are on the right path and we are worthy. We want to teach our children that they can make mistakes and still love them.

Class member: We are to teach our children about the Atonement, repentence, Holy Ghost, baptism, and enduring to the end.

Class member: I have 7 children that range from 18 months to 14 yrs. My husband sat with me. We did each child step by step to see where we needed to work on each of them individually. Certain principles were enforced with some and not others. I have things to work on.

It's interesting because sometimes we get in this mode of "I taught that". We did to the 1<sup>st</sup> two. We just think they should know it. Teaching them what to really means to be baptized. Have the teenagers teach the lesson. You make sure you don't lose the opportunity.

Did any of you feel discouraged? We tend to get discouraged. How many feel empowered?

Inspire not require....I'm not sure what that looks like. There is a time with little people that is training. In the training years there are requirements. Everything is not just an invitation. You may have a 3-4 yr old that doesn't want to come to family prayer. In that experience...inspiring them to come is more important than requiring. As we hit those bumps along the way, to think about inspiring not requiring is a good option.

Practice: Get a picture of the Savior. Would you like to hold the picture while we do?

There are things you can do that will be motivating to these little people. By the time they are teenagers you hope that you have set the foundation of teaching. Part of this comes from starting when they are young to teach principles rather than rules. Figure out the behavior from the principles. They will make their own rules based on principles. We teach rules, but not doctrine on which they are based. Focus more on teaching correct principles.

"I teach them correct principles and they govern themselves." Joseph Smith

We want them to obey doctrine. When we get frustrated we are aren't teaching what we think they are teaching. Work on teaching principles and lightening up on rules.

In the Ensign—Conference Notebook....every month you will find this in every issue. It refers back to the talks given in the previous conference. The thing that is exciting on this is that it focuses on principles. If you want to learn how to pull principles out of talks this is a good way to do it. It has it for adults and youth. The application is on different

levels. This is a page yo might have skipped over. Focus on it a little more. There are some powerful things you will see in there.

Changing percentages! You are succeeding if you are changing percentages. You give yourself credit for what you did do. If you yelled 98% of the time instead of 100% of the time you are doing better. If you are changing your percentages you are improving. Stop looking at all the things you do wrong and look at what you do right and build on it. Do this for you as well as your children. We have to change how they think you can perceive them.